

# Year 8S DT/ Food and Nutrition Schedule

## Autumn Term 2023

You must remember:

- Your apron (clean)
- A hair tie if you have long hair
- You must not wear nail varnish or false nails
- Your shoes must be non-slip and preferably not canvas
- If you have an upset tummy or suspect food poisoning or have been sick recently you should not cook- but do let your teacher know in advance.
- You must remember to bring labelled ingredients to your food room first thing in the morning, and store in the correct cupboards/ fridges

Afterwards:

- Collect your food from your food room at the end of p6. If you have an after-school club, you can collect it after it finishes.
- Take your apron and tea towel home and wash them ready for next week.
- Store your food in the fridge at home (unless your teacher tells you otherwise) and eat within 24 hours.
- When re-heating food, make sure it is piping hot (steaming). Only ever reheat food once.

	8S1	8S2	8S3	8S4
Fri 16 <sup>th</sup> Feb	FN: J. Berwick T6 Decorated focaccia	FN: E. Goodson T7 Decorated focaccia	DT	DT
HALF TERM				
Thu 29 <sup>th</sup> Feb	DOT project			
Fri 8 <sup>th</sup> Mar	FN: J. Berwick T6 Peach cobbler	FN: E. Goodson T7 Peach cobbler	DT	DT
Thu 14 <sup>th</sup> Mar	DOT project			
Fri 22 <sup>nd</sup> Mar	FN: J. Berwick T6 Loaded potato skins	FN: E. Goodson T7 Loaded potato skins	DT	DT
Thu 28 <sup>th</sup> Mar	DOT project			
SPRING BREAK				
Fri 19 <sup>th</sup> Apr	FN: J. Berwick T6 Coconut and chickpea curry	FN: E. Goodson T7 Coconut and chickpea curry	DT	DT
Thu 25 <sup>th</sup> Apr	DOT project			
Fri 3 <sup>rd</sup> May	FN: J. Berwick T6 Chilli con carne	FN: E. Goodson T7 TBC	DT	DT
Thu 9 <sup>th</sup> May	DOT project			
Fri 17 <sup>th</sup> May	FN: J. Berwick T6 Marble pear tray bake	FN: E. Goodson T7 Chilli con carne	DT	DT
Thu 23 <sup>rd</sup> May	DOT project			
HALF TERM				

Fri 7 <sup>th</sup> Jun	FN: J. Berwick T6 Calzone	FN: E. Goodson T7 Marble pear tray bake	DT	DT
Thu 13 <sup>th</sup> Jun	DOT project			
Fri 5 <sup>th</sup> Jan	FN: J. Berwick T6 Fish finger sandwich	FN: E. Goodson T7 Calzone	DT	DT
Thu 27 <sup>th</sup> Jun	DOT project			
Fri 5 <sup>th</sup> Jul	FN: J. Berwick T6 TBC	FN: E. Goodson T7 Fish finger sandwich	DT	DT
ACTIVITIES WEEK				
Thu 18 <sup>th</sup> Jul	DOT project			
SUMMER BREAK. END OF TERM				